

### Form J

(see rule 23(10))

**Register of, employment in a shop or commercial establishment where opening and closing hours are ordinarily uniform for the week ending**

Name of the Employee	Sex	Age	Time at which employment commences	Time at which employment ceases	Rest Intervals	Hours worked on		
						Sunday	Monday	Tuesday
1	2	3	4	5	6	7	8	9

				Total hours worked during the week	Days on which overtime work is done and extent of such overtime occasions	Extent of overtime worked during the week	Extent of overtime worked previously during the year in accordance with the provisions of rule 11
Wednesday	Thursday	Friday	Saturday				
10	11	12	13	14	15	16	17

**Note:** - The mark 'H' shall be made in the column relating to any day on which an establishment remains closed in accordance with the notice referred to in section 18 (1) or a holiday is given in accordance with the note below schedule II to the Act as amended from time to time and 1 'A' if the employee is absent on any other day.

\* The same sub-columns as for Sunday. The entries under the heading 'Rest intervals' shall be the actual hours at which intervals are to begin and end (e.g. 1 PM to 2 PM)